



## SXMMA Health & Safety Policy Statement

**\*\*Last Updated:\*\*** 20/12/2024

### Policy Statement

At SXMMA, we are committed to maintaining a positive health and safety culture throughout the club. High standards of health and safety are a moral and professional responsibility that we uphold to protect all students, staff, and visitors.

We are dedicated to:

- Acting to minimise the risk of accidents and injury during training, events, and activities.
- Ensuring risks arising from our activities are properly managed.
- Maintaining safe and healthy working conditions with adequate welfare facilities.
- Using and maintaining proper equipment, including Personal Protective Equipment (PPE), where required.
- Conducting regular risk assessments to address and mitigate hazards.
- Reviewing and revising this policy annually or as necessary.

### Key Objectives for 2024/2025

1. Ensure all health and safety documentation is up to date.
2. Update and review all risk assessments relevant to club activities.
3. Provide regular health and safety training for instructors and staff.

### Implementation and Responsibility

The overall responsibility for health and safety within SXMMA rests with the Head Coach & CEO, **\*\*Alan Packman\*\***. Alan is responsible for:

- Policy implementation and adherence across the club.
- Ensuring regular review and updates of this policy.
- Delegating safety-related tasks where appropriate to qualified staff.

All instructors and staff are required to:

- Follow the health and safety guidelines set by SXMMA.
- Report any hazards, incidents, or concerns immediately.
- Promote safe practices during all activities.

## Rules and Procedures

### 1. **General Safety Rules:**

- All participants must complete a health and safety acknowledgment during registration.
- Appropriate attire and protective gear must be worn at all times.

### 2. **Facility Safety:**

- Training areas are regularly inspected to ensure they are safe and hazard-free.
- Emergency exits and first aid supplies are clearly marked and accessible.

### 3. **Incident Reporting:**

- All accidents or near-misses must be reported to the Head Coach or designated safety officer.
- Incident forms are reviewed to identify and address risks.

### 4. **Risk Assessments:**

- Comprehensive risk assessments are conducted for all activities, including classes, seminars, and competitions.

## Review Schedule

This policy will be reviewed annually or as necessary in response to changes in regulations, activities, or incidents.

**Signed by:**

**Alan Packman**

**Head Coach & CEO, SXMMA**

**Date:** 20/12/2024

**Next Review Date:** 20/12/2025